

Physical Education Overview 2023-2024

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 2 Gymnastics: Unit 1	Dance Fundamentals: Unit 1	Fundamentals: Unit 2 Gymnastics: Unit 2	Dance Ball skills: Unit 1	Ball Skills: Unit 2 Games: Unit 1	Dance Games: Unit 2
1	Sending and Receiving Fundamentals	Dance Ball Skills	Yoga Gymnastics	Dance Invasion Games	Net and Wall Games Team Building	Dance Athletics
2	Sending and Receiving Fundamentals	Dance Ball Skills	Gymnastics Yoga	Dance Invasion Games	Net and Wall Games Team Building	Dance Athletics
3	Dance Tag Rugby	Ball Skills Gymnastics	Dance OAA	Football Dodgeball	Dance Tennis	Athletics Rounders
4	Dance Tag Rugby	Ball Skills Swimming	Dance Cricket Swimming	Football Swimming Cricket	Dance Swimming	Athletics Swimming
5	Dance Tag Rugby	Fitness Basketball	Dance OAA	Gymnastics Football	Dance Tennis	Athletics Rounders
6	Tag Rugby Handball	Dance Basketball	OAA Gymnastics	Dance Football	Yoga Tennis	Dance Athletics

