

## Relationship and Health Education Overview 2023-2024



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Module 1: Created and Loved by God Unit 1- Religious Understanding Unit 2 - Me, My Body, My Health	Module 1: Created and Loved by God Unit 3 - Emotional Well-Being Unit 4 - Life Cycles	Module 2: Created to Love Others Unit 1 - Religious Understanding Unit 2 -Personal Relationships	Module 2: Created to Love Others Unit 3 - Life Online Unit 4 - Keeping Safe	Module 3: Created to Live in Community Unit 1 -Religious Understanding	Module 3: Created to Live in Community Unit 2 -Living in the Wider World
1		Created and Loved by God Module 1 unit 1 Religious Understanding God loves you	Created to Love Others Module 2 unit 2 Personal Relationships	Created to Love Others Module 2 unit 4 Keeping safe	Created to Live in Community Module 3 unit 1 Religious Understanding	Created to Live in Community Module 3 unit 2 Living in the wider world
2		Let the Children Come	I am Unique Boys and Girls Clean and Healthy (My Body)	Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry	The Cycle of Life Three In One Beginnings and Endings Who is My Neighbour? Change is All Around The Communities We Live In Real Life Online Needs and Wants Rules To Help Us	

3	Get Up! The Sacraments Jesus My Friend		Friends, Family and Others When things feel bad! Sharing Online Chatting Online	Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities	A Community of Love What is the Church? How do I Love Others? Working Together	
4	Created and Loved by God: Religious Understanding		Created and Loved by God: Me, My Body, My Health  Created and Loved by God: Emotional Wellbeing		Created and Loved by God: Life Cycles  Created to Live in Community: Religious Understanding  Created to Live in Community: Living in the Wider World	
5	Calming the Storm	God is calling you	Under Pressure Do you want a piece of cake Self – Talk Sharing isn't always caring Cyber bullying	Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	The Holy Trinity Catholic Social Teaching	Reaching Out The World of Work
6	Module 1 Unit 1 Religious Understanding	Module 1 Unit 2 Me, My Body, My Health	Module 1 Unit 3 Emotional Well-being	Module 1 Unit 4 Life Cycles		