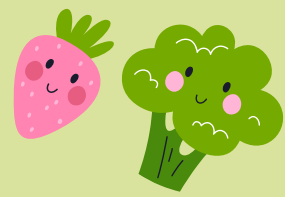


STM Autumn/Winter Weekly Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week One
3/11,
24/11
15/12

Quorn/Chilli Con Carne, rice & mixed veg
Flavoured Jelly

Pizza, salad, coleslaw & sweetcorn
Jam Cake

Roast dinner, potatoes, Yorkshire pudding & veg
Pancakes

Sausage/Quorn & mash & beans
Fresh fruit salad

Fish fingers/quorn nuggets, wedges & peas
Chocolate cake

Week Two
10/11
01/12

Macaroni cheese & sweetcorn
Fresh fruit

Chicken/Pork/Veg Hot Dogs, wedges & beans
Chocolate Brownie

Beef/veg HotPot & carrots
Rice Krispie Cake

Jerk Chicken, jolof Rice & brocolli
Mousse

Fish Fingers/Quorn rolls, chips & peas
Pancakes

Week Three
17/11
08/12

Pasta Bolognese & mixed veg
Flavoured Jelly

Jacket Potato & fillings with mixed salad
Jam Twists

Roast dinner, potatoes & veg
Cookie

Chicken/Veg Curry, rice & green beans
Shortbread

Breaded Fish, chips & peas
Flapjack



Available daily: Jacket potatoes, a selection of salad, bread and fruit



Some dishes subject to change dependent on availability of produce